

COMMUNITY PROFILE



Melville 2014-2015

Working together to get more
kids, more active, more often.

Last updated: 2015-05-29



saskatchewaninmotion.ca/melville

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BACKGROUND

The following community profile identifies the many assets Melville has to offer and the opportunities that exist to make a real difference for children and youth in the community, schools and families. It is intended to help lay the foundation for community leaders to develop, implement and evaluate an Action Plan to help achieve the Saskatchewan *in motion*: Active Saskatchewan 2020 goal to get more kids, more active, more often in Melville.

Purpose:

Gathering data, talking to residents, and compiling a community profile will help identify strengths and assets as well as opportunities to guide the identification of priorities and actions for a long term action plan that meets the needs of the community in our efforts to increase the health and physical activity levels of Melville children and youth.

Process:

Gathered existing data - Demographic and other data about Melville was gathered from existing sources such as census reports, the Canadian Health Survey and previously compiled profiles.

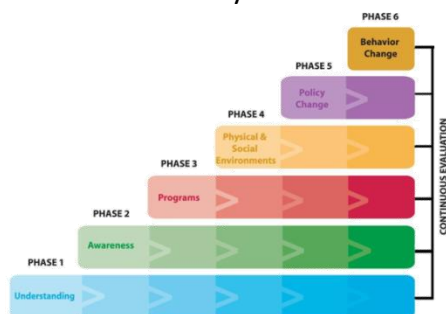
Consultation process – 250 community members (including youth) provided information through surveys, focus groups, interviews and one on one conversations.

Moving Together Symposium – All data was compiled and presented to 65 community leaders at the Moving Together Symposium. Community leaders were provided the opportunity to review the information collected and help fill in the gaps. Time was also provided to add to the opportunities that had been identified.

Information analysis:

The information in this profile is compiled following three models for community action planning;

1. Community Action Model



2. 30-30-30 Solution



3. Asset Based Action Planning (Strengths, Assets and Opportunities)

For more information on these three models, see **Appendix A**

Melville is a small city located in the east-central portion of Saskatchewan. The population as of the 2011 census is 4,517, making it the smallest official city in Saskatchewan.

The city of Melville is surrounded by the golden fields and brilliant sunsets of the prairies. It is a clean, safe and friendly community which constitutes an excellent environment to explore or call home. It is a city with a strong sense of community and proud of its volunteers.

Melville is known as a community rich in sport and is home to the SJHL's Melville Millionaires. It was established when the Grand Trunk Railway was built through the area. It is named after the President, Charles Melville Hays, who later died aboard the Titanic.

Melville is surrounded by a trading area of about 17,000 people. Its major industries are agriculture, the CN Rail, potash mining, and tourism.

Distance to other major cities:

Yorkton – 42 km

Regina – 145 km

DEMOGRAPHICS

POPULATION			
Total Population	4,517	Diversity	
Total private dwellings	2,000	Total visible minority	2.6%
Age		Of 2.6%, Chinese	57%
Median age	46 yrs	Of 2.6%, Southeast Asian	19%
% population over 15 yrs	83.6%	Of 2.6%, Latin American	14%
Education		Of 2.6%, Black	10%
No certification	37%	Aboriginal population	5.4%
High School Certificate	24%	Family Information	
College	14%	1 person household	35%
Apprenticeship	13%	1 family without children	32%
University degree	7%	1 family with children	23%
University certificate	5%	Lone parent	6%
Field of Study		Other	5%
None	61%	Transportation to Work	
Health, recreation, fitness	9%	Car as driver	77%
Other	9%	Walk or bike	16%
Business, Administration	7%	Car as Passenger	6%
Architecture, Engineering	7%	Other	1%
Education	6%		
Employment			
Employed	52%		
Unemployed	3%		
Not in labor force	46%		
Occupation			
Sales & service			26%
Trades, transport & equipment operators			22%
Business, finance & administration			14%
Management			10%
Social science, education, government services & religion			8%
Other			7%
Health			7%
Unique to primary industry			6%

GOVERNMENT

Municipal	Mayor :	Walter Streeelasky
	Council Members:	Valdeen Mathies Brian Hicke Michael Fisher Vince Thiessen Ken Karius
Provincial	Melville- Saltcoates	MLA Bob Bjornerud
Federal	Yorkton - Melville	MP Garry Breitkreuz

SCHOOLS

Elementary	Ecole St. Henry's Junior Elementary St. Henry's Sr. School
Secondary	Carlton Regional College Basic Education (in Lestock) Melville Comprehensive School
Post Secondary	Parkland Regional College

INDUSTRY

Type	
Other services	18%
Business services	18%
Retail trade	14%
Health care & social services	14%
Other	13%
Education services	9%
Agriculture & other resource based	8%
Construction	6%

HEALTH CARE			
Melville is part of the Sunrise Health Region in Saskatchewan			
Facility	Services		
St. Peter's Hospital	<ul style="list-style-type: none"> ○ 30 acute care beds ○ 24 hour emergency 		
St. Paul Lutheran Home	<ul style="list-style-type: none"> ○ 143 long term beds ○ Dementia unit ○ Adult Day Wellness Program 		
Melville/Ituna Home Care Office			
Melville Public Health Office			
HEALTH STATUS			
	Total	Male	Female
Well Being			
Perceived health, very good or excellent (%)	48.4	47.6	49.3
Perceived mental health, very good or excellent (%)	62.3	60.1	64.4
Perceived life stress (%)	23.5	27.0	19.9
Health Conditions			
Overweight or obese (%)	65.2	73.0	57.4
Overweight (%)	37.7	47.6	27.7
Obese (%)	27.5	25.3	29.3
Arthritis (%)	27.8	26.4	29.3
Diabetes (%)	5.6	7.2	4.1
Asthma (%)	9.2	11.0	7.5
High Blood Pressure (%)	26.0	27.8	24.3
Mood disorder (%)	7.4		11.6
Pain or discomfort, moderate to severe (%)	16.2	12.5	19.9
Pain or discomfort that prevents activities (%)	17.4	14.0	20.7
Low birth weight (% of live births)	4.0	3.5	4.5
Chronic obstructive pulmonary disease (COPD) (%)	5.8	9.5	
Injuries within the past 12 months causing limitation of normal activities (%)	14.3	17.8	10.8
Injuries in the past 12 months, sought medical attention (%)	9.7	12.0	7.5
Hospitalized stroke event rate (per 100,000 pop'n)	144	166	126
Hospitalized acute myocardial infarction event rate (per 100,000 pop'n)	182	235	137
Injury hospitalization rate (per 100,000 pop'n)	1,002	1,131	856
Cancer incidences (pre 100,000 pop'n)	431.5	466.1	406.9
Personal Resources			
Sense of community belonging (%)	74.6	75.3	73.9
Life satisfaction, satisfied or very satisfied (%)	91.2	93.3	

HEALTH STATUS Continued

	Total	Male	Female
Well Behaviors			
Current smoker, daily or occasional (%)	23.0	24.0	22.1
Current smoker, daily	20.7	21.4	20.1
Heavy drinking (%)	16.6	23.9	9.5
Leisure-time physical activity, moderate active or active (%)	51.3	51.6	51.0
Fruit and vegetable consumption, 5 times or more per day (%)	39.8	34.6	45.2
Bike helmet use (%)	10.1	Unreliable info	Unreliable info

PHYSICAL ACTIVITY FACILITIES

OUTDOOR SPACES

Off leash dog park
 Outdoor rinks
 Melville swimming pool (regional park)
 Melville tennis courts
 Spray pool park (in progress)
 Golf & country club
 Trails
 Pocket parks
 Skateboard park
 Trans Canada Trail
 Melville Regional Park (within city limits)
 Snowmobile trails
 Ball diamonds
 Batting cages
 Jaycee Park
 Melville & District Agripark
 Kinsmen Park
 Gordon Keats Memorial Park
 Centennial Park
 Vanier Park

INDOOR

Indoor rinks
 Schools
 Private fitness centres
 Merv Moore Sportsplex
 Melville Community Works
 Church halls & gyms
 Melville Bowl Arena
 Horizon Credit Union Centre
 Melville Railway Museum
 Curling Rink
 Melville Heritage Museum
 Richardson's Millionaire Hockey Museum
 Matty's Fun Centre
 Melville Theatre
 Indoor Playground

DESCRIPTION OF MAJOR FACILITIES

FACILITY	DESCRIPTION
Horizon Credit Union Centre	<ul style="list-style-type: none"> The heart of the community Opened in late fall 2011, and seats 1,524 people Home of the SJHL team, the Melville Millionaires Hosts figure skating, adult recreational hockey, and speed skating Rubberized walking track, Cardiac Care Program, and a 500 person Convention Centre ideal for weddings
Melville Swimming Pool	<ul style="list-style-type: none"> Outdoor pool L shaped, one meter and three meter diving boards One day rate, season passes, 8 day stamp cards Open for summers
Kinsmen Park	<ul style="list-style-type: none"> Playground Gazebo Ball diamond Washrooms Basketball court

DESCRIPTION OF MAJOR FACILITIES

FACILITY	DESCRIPTION
Melville Regional Park	<ul style="list-style-type: none"> • Outdoor swimming pool • Playground • Ball diamond • Tennis courts • Picnic sites • Camping sites(15 non-electric, 85 electric) • Walking trails (9.5 km) • Railway Museum • Washroom
Jaycee Park	<ul style="list-style-type: none"> • Ball diamonds • Playground • Horseshoe pits
Gordon Keats Memorial Park	<ul style="list-style-type: none"> • Playground • Ball diamond • Skateboard park
Centennial Park	<ul style="list-style-type: none"> • Playground • Picnic Tables
AgriPark	<ul style="list-style-type: none"> • Horse races • Track and stable • Hall and concession stands • Annual city fair



Strengths, Assets and Opportunities to provide 30 minutes of physical activity for children and youth in the community

Melville has a good number of amenities that exist in the community to support physical activity. It was also noted that proximity to nature is an asset to the community with the number of lakes located close by. There is good support from service clubs, as well as minor sport organizations. There is support for families that may not have the means to participate through KidSport. The community of Melville has a relatively small footprint and has been developed on a grid system, which can provide opportunities for more active transportation choices. Residents reported the community as being walkable and cyclable. There are municipal staff allocated to recreation and a city webpage already exists.

POLICY	
Strengths & Assets:	<ul style="list-style-type: none"> • Good official community plan • KidSport provides support for low income participation in sport • Snow removal policy • No cost to use school facilities for children’s programs • Dedicated municipal recreation staff
Opportunities:	<ul style="list-style-type: none"> • City Council to pass a “complete street resolution” • Review existing city policies with lens of increasing physical activity • Enhance & formalize joint use agreement with schools • Review existing municipal policy with a physical activity lens • Increase accessibility policies • Pass a complete street resolution
ENVIRONMENTS	
Strengths & Assets	<ul style="list-style-type: none"> • Residents view community as walkable (smaller footprint) • Schools are well located • There are sitting/resting areas downtown • High quality trails • Community is safe • Indoor walking track • Walkable & cyclable • Quality and quantity of facilities • Access to playground

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ENVIRONMENTS Continued	
Strengths & Assets Continued:	<ul style="list-style-type: none"> • Central and historical downtown • Access to nature and outdoor experiences
Opportunities:	<ul style="list-style-type: none"> • Access to used or new equipment (exchange program; rentals; etc,) • X- country ski trails groomed • Add bike facilities (lanes, racks, infrastructure, programs, education) • Expanded and connected trails • Increases use of green spaces for recreation and physical activity (ensure they are safe) • Community garden • Indoor swimming pool • Expand and connect trails • Improve pedestrian crossing at hospital & museum • Add bike facilities (racks, lanes etc.) • Groom cross country ski trail • Better water fountains
PROGRAMS	
Strengths & Assets:	<ul style="list-style-type: none"> • Over 25 sport and recreational organizations • Variety of structured programs for children, youth and adults • Public and private opportunities provided • Summer program for young children
Opportunities:	<ul style="list-style-type: none"> • Consider ways to provide free and low cost opportunities • Drop in opportunities for youth and adults • Work with partners to develop leadership capacity (i.e. coaches, youth leaders, fitness instructors, etc.) • Maximize the potential of regional and provincial partners and resources • Expand use of existing or new programs for youth • Explore options for teens and tweens • Consider opportunities for equipment rental or purchase • Increase volunteer support • Equipment exchange at registration night • Designated indoor skate times • Introduce New Canadians to outdoor winter activities
AWARENESS	
Strengths & Assets:	<ul style="list-style-type: none"> • Community registration night • City web site • Local newspaper • Posters at facilities
Opportunities:	<ul style="list-style-type: none"> • Develop and implement a coordinated communication and promotion strategy for community opportunities

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AWARENESS Continued	
Opportunities continued:	<ul style="list-style-type: none"> • Engage Welcome Wagon • Hold special events • Conduct a Bike study • Develop a community <i>in motion</i> charter
UNDERSTANDING	
Strengths & Assets:	<ul style="list-style-type: none"> • People feel a strong connection to the community • 50% of the population considers themselves active • Municipal staff understand the issue and their role within it • Strong community leadership • Data has been collected to inform decision making • Strong regional and provincial partners
Opportunities:	<ul style="list-style-type: none"> • Maximize the support of regional and provincial partners • Encourage and celebrate success

***Bolded points were identified in a Moving Together Symposium prioritization exercise.**

A STRONG FOUNDATION:

In the area of community, the following points were identified as overarching elements that provide a strong foundation for success:

- Facility infrastructure for sport and recreation
- High level of interest and engagement of the Municipality
- Committed Champions in community
- Lots of green space
- Strong support from service clubs and organisations that have assisted in the development of sport and recreation facilities.
- Community is walkable and cyclable



Strengths, Assets and Opportunities to provide 30 minutes of physical activity for children and youth at school

There are excellent facilities located within the schools in Melville. Students reported that they had access to space and equipment but thought there is still room for improvement. The community has some access to school facilities, but it is limited based on the demand of facilities for school programs. Students have taken on an advocacy and leadership role specific to some recreation projects and have a history of already working with municipal government.

POLICY	
Strengths & Assets:	<ul style="list-style-type: none"> • Physical education curriculum • Recess • Sport team expenses are covered • <i>In motion</i> schools • Free facility access for children’s programs
Opportunities:	<ul style="list-style-type: none"> • Change school bus policy for in town students • Daily Physical Activity (DPA) Policy • Physical Education specialists in elementary schools • All kids outside for recess
ENVIRONMENTS	
Strengths & Assets:	<ul style="list-style-type: none"> • School facilities, grounds and play fields
Opportunities:	<ul style="list-style-type: none"> • Access to school facilities when schools are closed (Christmas, summer, etc.) • Access community opportunities (use x-country ski trails if groomed) • Connect trails to schools • Encourage active transportation to and from school • School community gardens • Outdoor rinks at school • No graffiti • No drop off zone near schools • Active transportation to and from school
PROGRAMS	
Strengths & Assets:	<ul style="list-style-type: none"> • Recognition of school activities and sports • Intramural programs

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PROGRAMS Continued	
Strengths & Assets Continued:	<ul style="list-style-type: none"> • Variety of school sports • Skating program • Physical activity special events • Community events • Staff engagement • Rise and shine program • Bike rodeo
Opportunities:	<ul style="list-style-type: none"> • Bike clubs created in schools • Community open gym times provided utilizing school facilities • Utilizing outdoor rinks that exist at schools • Explore opportunities for additional before and after school activities • Comprehensive school health program • Archery in schools • Increase community support for school activities • How to workout program • Walking school bus program
AWARENESS	
Strengths & Assets:	<ul style="list-style-type: none"> • Walk and roll campaign • <i>In motion</i> resources
Opportunities:	<ul style="list-style-type: none"> • Increase awareness of why kids should walk to school • Wall of Fame to highlight success • <i>In motion</i> awards • Bike week
UNDERSTANDING	
Strengths & Assets:	<ul style="list-style-type: none"> • Schools are committed to providing 30 minutes of activity every day • High percentage of students in grades 11&12 enrolled in Phys Ed • Some students walk and cycle to school • Teachers understand the benefits of physical activity at school • <i>In motion</i> school support
Opportunities:	<ul style="list-style-type: none"> • Encourage more active transportation to and from school

*Bolded points were identified in a Moving Together Symposium prioritization exercise.

A STRONG FOUNDATION:

In the area of school, the following points were identified as overarching elements that provide a strong foundation for success:

- Youth Engagement
- Good facilities within and surrounding schools
- Physical Education curriculum
- Supportive administration and teachers



Strengths, Assets and Opportunities to provide 30 minutes of physical activity for children and youth at home

There is an opportunity to further gather information from families. The information provided is based on limited opportunity to gather information from a family perspective. However, it was reported that there is a good variety of programs for younger age children. The limited data collected revealed that generally there is good public infrastructure to be active (i.e. pool, parks, public and private program options). There are some options for adult physical activity. An identified gap, was family type programs where families can be active together, as well as youth/teen options.

POLICY	
Strengths & Assets:	
Opportunities:	<ul style="list-style-type: none"> • Consider screen time policy for families • Explore joint use agreement with schools to formalize access to school facilities by community and in turn, school has access to community facilities for students • Active transportation policy
ENVIRONMENTS	
Strengths & Assets:	<ul style="list-style-type: none"> • Community is walkable and cyclable • Centralized green spaces and playgrounds • School facilities • Accessible public and private facilities • Indoor playground • Backyards, public green space, community facilities
Opportunities:	<ul style="list-style-type: none"> • More outdoor play unstructured activities • Active transportation encouraged and supported • Increase dedicated space for physical activity • Enhance existing spaces to make them more engaging • Parents encourage kids and families to play outdoors
PROGRAMS	
Strengths & Assets:	<ul style="list-style-type: none"> • Parent involvement/volunteerism is high • Provincial and regional sport and recreation supports and resources
Opportunities:	<ul style="list-style-type: none"> • Open gym time for parents and children

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PROGRAMS Continued	
Opportunities Continued:	<ul style="list-style-type: none"> • Families organize and share opportunities for physical activity with each other • Ensure space and equipment is available and accessible • Increase family program opportunities
AWARENESS	
Strengths & Assets:	
Opportunities:	<ul style="list-style-type: none"> • Develop a good city web page for families • Parents to speak out for family physical activity opportunities • Melville family newsletter • Enhance the City of Melville web site for families • Increase promotion of physical activity opportunities
UNDERSTANDING	
Strengths & Assets:	<ul style="list-style-type: none"> • Parents understand what motivates them to be active
Opportunities:	<ul style="list-style-type: none"> • Model physical activity as a family • Educate parents about screen time • Increase understanding of the benefits of physical activity • Increase understanding of the importance of parent role models • Increase understanding of the benefits of active play

***Bolded points were identified in a Moving Together Symposium prioritization exercise.**

A STRONG FOUNDATION:

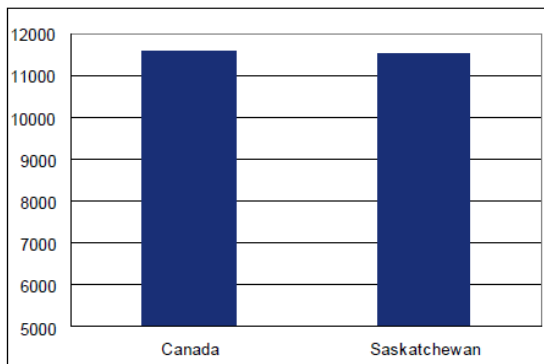
In the area of home, the following points were identified as overarching elements that provide a strong foundation for success:

- Sense of belonging to community
- Green space for family activities
- Understanding of the importance of community

PHYSICAL ACTIVITY OF CHILDREN AND YOUTH

The following reports the best available evidence on the physical activity levels of Saskatchewan children and youth. Although provincial in scope, previous Saskatchewan *in motion* research has shown little or no variation on physical activity levels between communities and regions of Saskatchewan. The CFLRI CANPLAY Study is a joint project of all federal provincial/territorial governments.

The Canadian Fitness and Lifestyle Research Institute's CANPLAY study (Canadian physical activity levels among youth study) has measured physical activity levels of children and youth using pedometers to measure daily steps. Although the majority of the analyses focus on combined data collected in years five and six of collection (2009- 2011), some analyses also reflects trends over time.

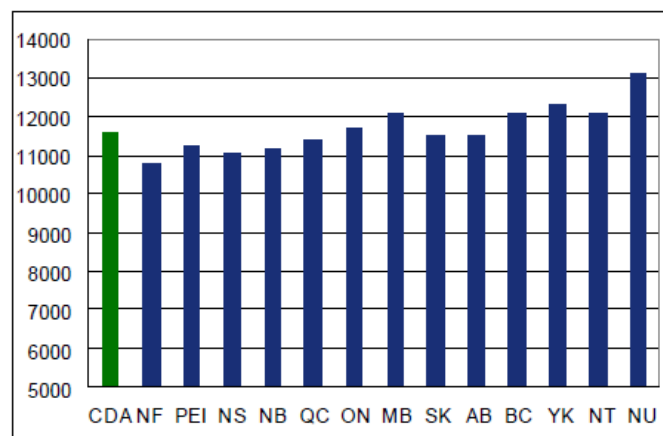


Average daily steps of children and youth, Canada and Saskatchewan, 2009-2011

The CANPLAY study shows that Canadian children, aged 5 to 19, take approximately 11,600 daily steps on average. Children and youth in Saskatchewan take a similar number of steps as the national average, at roughly 11,500 steps.

Province and Territory :

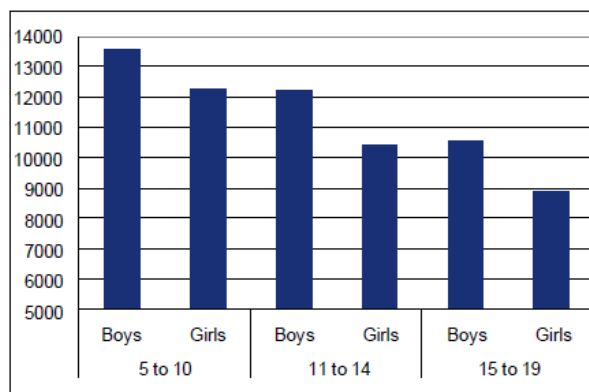
Children and youth in Saskatchewan take roughly the same number of steps as children living elsewhere in Canada, with the exception that they take fewer steps than children and youth living in Nunavut (however, it should be noted that data in Nunavut was collected using a different methodology).



Average daily steps of children and youth by province/territory, 2009-2011

Child characteristics:

Average daily steps of children and youth in Saskatchewan by age and sex of child, 2009-2011



Boys in Saskatchewan take more daily steps on average than girls do (almost 1,600 more steps), which is similar to the relationship found nationally. Daily steps decrease by increasing age group.

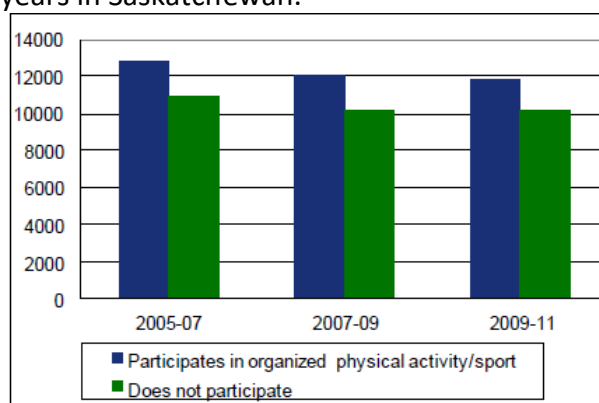
In Saskatchewan, this is particularly evident when comparing younger children to older teens. The age-related decrease in steps is a pattern that appears both nationally and at a provincial level. In Saskatchewan, only boys aged 11 to 14 years take significantly more steps than girls of the same age, however, the age-related decrease in steps generally appears for both boys and girls.

In all years of the CANPLAY study in Saskatchewan, boys took more steps than girls (currently 1,600 more steps). The age-related decrease in steps appears within all study years, and also appears for both boys and girls. The gender differences within specific age groups vary over time. During the first couple of years of the CANPLAY study (years 1 and 2 combined), younger boys (aged 5 to 10) and older boys (aged 15 to 19) took significantly more steps than girls of the same ages, however, in later years of the study, significant gender differences only appeared among 11 to 14 year olds.

Sport Participation:

The relationship between a child's participation in organized sport and physical activity and a greater number of steps appears within all study years in Saskatchewan.

In Saskatchewan, children who participate in organized physical activities and sport take significantly more daily steps on average compared to children who do not participate in these types of activities (roughly 1,700 more steps). This relationship is similar to that found nationally.



Average daily steps of children and youth in Saskatchewan by child's participation in organized sport and physical activity, 2005-2011

Parent and household characteristics:

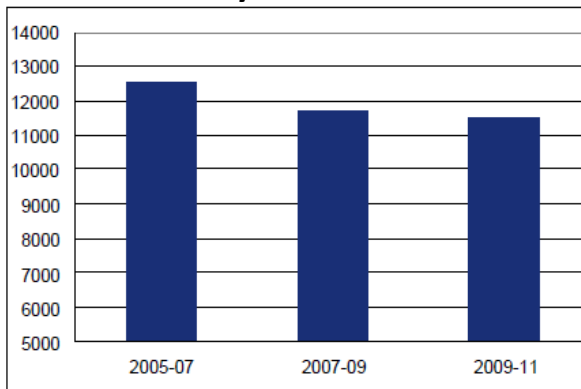
In Saskatchewan, there is no significant association between children's daily steps and household income. This differs from the population as a whole, where nationally: children from

the highest income household (\geq \$100,000 per year) take more daily steps on average than those from households with incomes between \$40,000 and \$59,999.

In Saskatchewan, there is a relationship between children’s daily steps and parent’s education level. Children whose parents have a university education take more steps than those children whose parents have less than a high school education. The lack of a relationship between a child’s daily steps and parent’s education level existed in Saskatchewan in earlier years of the study, however, children whose parents have a university education take more steps than those children whose parents have less than a high school education in years 5 and 6 combined.

A relationship between a child’s daily steps and a parent’s activity level in Saskatchewan existed during the first couple of years of the study (years 1 and 2 combined) and during year 5 and 6 combined. In addition, children whose parents consider themselves *slightly more* active than their peers take more steps on average than those who parents consider themselves *just as* active as their peers.

Trends in activity level over time:



Average daily steps of children and youth in Saskatchewan, trends, 2005-2011

Compared to the first two years of the CANPLAY study (years 1 and 2), there has been a decrease in overall steps taken by children and youth residing in Saskatchewan (as illustrated in figure 4). This section looks at trends over time in this province.

More than 70 opportunities for action were generated by citizens through the data collection and Moving Together Symposium process. Community members prioritized the following for early action. Leaders identified next steps and formed small work groups (Appendix B)

Trail development

- Connecting, promoting, programming, expanding, destination networks

Access to free and low cost opportunities

- Open gym night
- Equipment access

Expand opportunities for youth and youth engagement

- Teen and tween program opportunities

Shared use of school gyms & clubs

- Access for families for free activities
- Equipment access

Active transportation

- Active and safe routes to school
- Review school bus policy with an aim to reduce in town busing

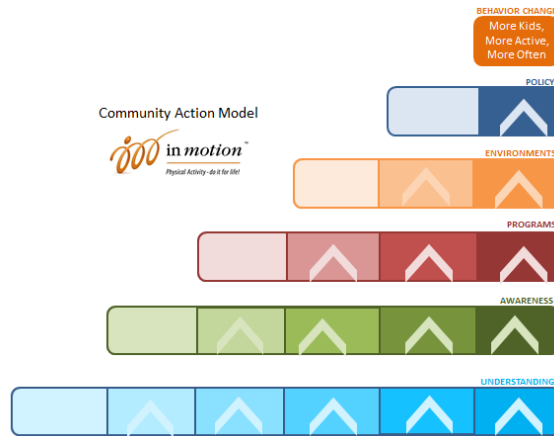
Leadership capacity

- Increase leadership capacity, especially physical education teachers, coaches, youth leaders and volunteers

Communication and promotion strategy for Melville

COMMUNITY ACTION PLANNING MODELS

Saskatchewan *in motion* Community Action Model:



Built on a foundation of successful models for behaviour change, the Saskatchewan *in motion* Community Action Model is a simple, clear and focused approach to guide community action planning toward behaviour change.

The Community Action Model will help you to;

- Identify a starting line for long term strategies,
- Build momentum,
- Validate existing work,
- Celebrate early success toward long term goals, and
- Identify solutions to bumps along the way.

The model includes six elements to consider when creating an *in motion* community. The elements are dependent on each other for success, therefore it is not a step by step process, rather a series of building blocks that when put together in your own unique way will help you achieve your objectives.

Understanding: Gaining a clear understanding of the physical inactivity issue in your community.

Awareness: Raising public awareness and support to increase physical activity and for your activities.

Programs: Providing quality, accessible programs that build skills and confidence for lifelong activity participation.

Environments: Ensuring the physical and social environments in your community provide fun, safe, convenient and easy access to a wide range of physical activity opportunities.

Policy: Advocating for healthy public policy that facilitates action and ensures the sustainability of your action plan

Behavior Change: Describes the positive behavior you want to see more of.

30-30-30 A Shared Responsibility:

Saskatchewan *in motion* responds to the inactivity crisis affecting our children & youth with a simple solution.



Parents, Educators and Community Leaders must share responsibility to ensure our kids are active a minimum of 30 minutes each at home, at school and in the community.

Asset Based Action Planning:

Saskatchewan *in motion* follows an approach that seeks to uncover and use the strengths within communities as a means for sustainable behavior change.

The first step in the process is to assess the resources of a community through an inventory or through another process of talking to the residents to determine what types of **strengths, assets and opportunities** are available. The next step is to support communities, to discover what they care enough about to act on. The final step is to determine how citizens can act together to achieve those goals.

PRIORITY NEXT STEPS AND ACTION GROUPS

Trail Development	
DESCRIPTION: Connecting, promoting, programming, expanding, destination networks Completion of the trails (connection), services on the trails (connecting to existing services, mapping so people know where they are), consider destinations (downtown core not just outside border), maps, signage, street paint, sidewalk paint (way finding, walking time, cycling time).	
NEXT STEPS	ACTION GROUP
<ul style="list-style-type: none"> • Form a committee-Friends of the Trail • Reach out to Ministry of Highways crossings • Identify prioritized plan (short link to schools, businesses) • Signs/way finding/paint • Linking with business community (critical partners***) • Public works building 	<ul style="list-style-type: none"> • Chad Lechner • Joan Oucharek • Christine Fuchs • Rebecca Frick • Lee Sapara • Brian Hiag • Bob Simpson • Jennette Pawelko

Access to Free and Low Cost Opportunities	
DESCRIPTION: Open gym night, Equipment access	
NEXT STEPS	ACTION GROUP
<ul style="list-style-type: none"> • Open extra-curricular to community • Community business sponsor events dual • Grants-operate the program • Policy-shared use/access within schools • Summer/ball diamond-staff person there to sign out equipment • Pool-re design-equipment storage, summer fix, winter? 	<ul style="list-style-type: none"> • Lee Sapara • Rebecca Frick • Crystal Phythian • Jennette Pawelko • Daron Wandy

Expand Opportunities for Youth and Youth Engagement	
DESCRIPTION: Teen and tween program opportunities	
NEXT STEPS	ACTION GROUP

Shared Use of School Gyms & Clubs	
DESCRIPTION: Access for families for free activities, equipment access	
NEXT STEPS	ACTION GROUP

Active Transportation	
DESCRIPTION: Active and safe routes to school, review school bus policy with an aim to reduce in town busing	
NEXT STEPS	ACTION GROUP
<ul style="list-style-type: none"> • Be part of Saskatchewan <i>in motion</i> School Travel Planning Initiative • Block Parent Program 	<ul style="list-style-type: none"> • Marnie Sinclair (SIM) • Nicole Yacishyn (HSF) • Bob Simpson • Mayor Walter Strelasky

Leadership Capacity	
DESCRIPTION: Increase leadership capacity, especially physical education teachers, coaches, youth leaders and volunteers	
NEXT STEPS	ACTION GROUP
<ul style="list-style-type: none"> • Lead by example • Teach in the schools (grade school) • Volunteer • Leadership development class • Create projects as opposed to board structure 	<ul style="list-style-type: none"> • Doug Braun • Lee Sapara • Kev Summer • Rebecca Frick • Edward Sacan (728-3760)

Communication and Promotion Strategy for Melville

DESCRIPTION:

NEXT STEPS

- Develop communication plan
- Create a central event board
- Digital sign
- Signage
- Communicate events/happening within Melville and Surrounding Area
- Partnerships with local group
- Coordination
- Make it happen!

ACTION GROUP

- Cathie Kryzanowski (SIM)
- Amanda Perry (SIM)
- Doug K.
- Jen Mann
- Lee Sapara