



## Physical Literacy Action Group Meeting Minutes October 15, 2019 | Mosaic Stadium

**In Attendance:** Dave Robertson, Cathie Kryzanowski, Marnie Forsberg, Wendy McKellar, and Brenden Branscombe

### **Getting Started:**

This is the first meeting for the physical literacy action group. Following roundtable introductions, each group member shared what physical literacy means to them.

The group had some discussion on initial projects and opportunities within the physical literacy space. A common theme was the need for more education and awareness at every level, especially among community leaders, educators, and parents. Taking a pragmatic and practical approach to the work was also important to the group. There was a desire to give tangible tools to those who have their “boots on the ground” in communities.

### **Background:**

Cathie shared a number of points on the background of the action groups to provide context for further discussions and our work. An important element of the action group is that there is always room for one more at the table as we work to add new partners to the group. It is also vital that everyone bring capacity and resources to the group in order to accomplish our projects. Active Saskatchewan will provide capacity and resources but cannot shoulder the entire projects alone. Brenden will be the liaison between all five groups.

### **Terms of Reference:**

Cathie provided an overview of the Terms of Reference that have been developed by Active Saskatchewan. Group members were encouraged to give the document a more thorough review and submit any questions to Brenden ([brenden@saskinmotion.ca](mailto:brenden@saskinmotion.ca)).

### **Initial Action Project:**

Dave led everyone through a discussion on what the group’s initial action project should be, keeping in mind that the group is looking for a short-term win to help build momentum and to report on at the June summit. We determined that it was important to fill the largest gap, which had been identified as awareness. To do this, the group settled on developing a campaign, including video, that will be easily shareable online to the various networks and leaders that are represented by the group.

### **Follow Up Project Ideas:**

The group identified several other ideas for a longer-term project for the group to undertake. The idea that garnered the most excitement at this meeting was around youth leadership. This area could be developed through an intensive training opportunity for youth to develop skills around physical literacy and other areas to support physical literacy efforts in communities, such as administrative duties and the importance of volunteerism. Dave also made us aware of the

50<sup>th</sup> Anniversary of the SK Games in 2022. There may be an opportunity to tie our work into that since the timeline matches quite closely with ours.

**Action Items:**

Accountability	Action	Due Date
Entire Group	Review Terms of Reference and submit questions or concerns to Brenden	ASAP
Cathie	Reach out to Don (in the group, but not in attendance) to facilitate a brainstorming session at the next meeting	November Meeting
Brenden	Coordinate a Doodle poll to set dates for November and December Meetings	October 25, 2019

**Future Meetings:**

Brenden will coordinate a face-to-face meeting during the week of November 12 for brainstorming. It was suggested that this meeting be held in Davidson as a central location.

A meeting will also be held during the week of December 9. This meeting will be available in person or via video call, recognizing how busy things get in December.

Group members are asked to submit any specific days of the week or times that work best for meetings. Every effort will be made to accommodate these requests when possible.