

## Five ways to get your community involved in OUTside Rocks!

OUTside Rocks! is a great way to get people spending time in nature, away from screens, exploring local parks, trails and neighbourhoods. Here are a few ideas for getting your community involved.



1. Find a local rock painting group. Several groups across the province are already involved in painting and hiding rocks. [Check out our list.](#)
2. Challenge others to see who can find the most rocks. Challenge friends, other classrooms/groups or surrounding towns.
3. Host a painting night or a search party. Share the fun by posting some pics on our [OUTsideRocks! Facebook group](#). \*
  - Paint rocks at a birthday party.
  - Paint rocks as a family or with a youth or community group.
  - Gather a group of friends and go find some rocks!
4. Share through social media.
  - Promote the project on your community page.
  - Share pictures of people painting, hiding or finding rocks.
  - Be sure to tag @inmotionSK and @OutsideRocks!
  - Download one of our #OUTsideRocks social media images to include with your post.
5. Download #OUTsideRocks! posters to hang around town.

**Bonus:** Include ralking in community events. Set up a rock painting booth, hide special rocks or work together to create a trail of rock art through your neighbourhood.

*\*Remember to adhere to any local or provincial COVID-19 public health guidelines when planning events or gathering with anyone outside your household.*