

## Games to play while ralking

Heading out to hide or look for painted rocks? Add some extra fun by playing one or two of these games along the way.

- **Catch the colour** – Someone says a colour and the first person to find an object of that colour wins. That person picks the next colour and what direction you head next.
- **Scavenger hunt** – Make up a scavenger hunt as you search for rocks! Try our [Walking Bingo Card](#) for starters.
- **Follow the leader** – If the leader hops on one leg, the followers hop on one leg. If the leader skips, everyone skips. The goal is to do an action that keeps your group moving!
- **Shadow tag** – Just like the regular game, but instead of touching the person, you step on their shadow. Works best on a sunny day!
- **Catch** – Stop to throw a frisbee or balls while you're out in the park.
- **Hide and seek** – Grab a group of friends or play as a family!
- **Trail BINGO** – Name an object that can be found outdoors. The first person to find it yells BINGO! The key is to pick something that's not too common but not too rare.

