

Take Action!

IT'S ELECTION SEASON IN SASKATCHEWAN!

With both provincial and municipal elections upon us, we have an opportunity to learn more about how our leaders and decision makers plan to have an impact on the health and physical activity of our children and youth.

Do your part and have a conversation with your candidates when they knock on your door or invite you to an open forum.

STATEMENT:

As the people of Saskatchewan have worked together to adopt public health measures to combat the spread of COVID-19, an unintended outcome is that our physical activity levels have declined significantly. This has hit children and youth especially hard. In fact since COVID-19, less than 3% of 5-17 year-olds are meeting the 24 hour movement guidelines. (Canada's Report Card on Physical Activity for Children and Youth 2020)

QUESTIONS FOR MUNICIPAL CANDIDATES:

- 1) Will you support local efforts aimed at getting more kids, more active, more often? How?
- 2) Will you assist municipal sport and recreation staff and volunteers to return to quality programs and access to facilities that contribute to the health and wellbeing of children, youth and families? How?

QUESTIONS FOR PROVINCIAL CANDIDATES:

- 1) Will you support a Saskatchewan physical activity strategy aimed at getting more kids, more active, more often? How?
- 2) Will you assist the non-profit sport and recreation sector to return to quality programs and access to facilities that contribute to the health and wellbeing of children, youth and families? How?

Tweak the questions to suit your needs. If you get the chance to have a conversation with your candidates regarding these or similar questions - [drop us a line](#) and let us know how it went.