

2016 ACTIVE HOLIDAY CALENDAR

Happy Active Holidays! Use the Saskatchewan *in motion* Active Holiday Calendar to get moving with your family this holiday season. Feel free to change it up! Add your family's favourite winter time activities or simply cross off each day until December 25! For more great ideas visit saskatchewaninmotion.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Try snow bowling	2 Deck the halls! Hang your holiday decorations	3 Build a snowman
4 Try Geocaching	5 Go sledding	6 Build an ice castle with frozen block of ice	7 Play musical chairs to holiday tunes	8 How many snow angels can you make?	9 Make snow art using snow paint or coloured water	10 Create a snow obstacle course in the backyard
11 Build a snow fort or a quinzee	12 Go on a winter scavenger hunt	13 Hand deliver greetings to friends and neighbours	14 Try snowshoeing	15 Search for animal tracks in the snow	16 Gather your friends and go caroling	17 Go skating with your friends
18 Try cross country skiing	19 Go for a walking sparkle tour of your neighbourhood	20 Shovel your neighbour's sidewalk	21 Take a hike along a beautiful SK trail	22 Have a Rockin` Around the Christmas Tree dance party	23 Host a twister tournament	24 Pick a game to play from Push2Play!
25 HAPPY ACTIVE HOLIDAY! Make an active family holiday tradition today!	26 Snowball Fight! (but keep it safe!)	27 Play freeze tag	28 Build a snow sculpture	29 Make tractor tire prints in the snow	30 Play street hockey or shiney	31 Dance in the New Year!