

5 GREAT WAYS TO USE *in motion* VIDEOS

A little education goes a long way to encouraging leaders and decision makers to take the action needed to get more kids, more active, more often! Here are 5 great ways you can get the word out by sharing an *in motion* video:

- 1. PLAY A VIDEO AT YOUR NEXT MEETING**
- 2. INCLUDE A LINK IN YOUR NEXT E-NEWSLETTER**
- 3. SHARE ONE ON FACEBOOK OR TWITTER**
- 4. POST ONE ON YOUR WEBSITE**
- 5. EMAIL ONE TO ANYONE YOU KNOW WHO WANTS TO GET MORE KIDS, MORE ACTIVE, MORE OFTEN**